

KITCHEN & BAR

Gordon Ramsay Returns To Bread Street Kitchen For Atlantis Culinary Month

As part of the renowned Culinary Month, Gordon Ramsay returns to launch a brand-new 'Fit Food' menu in line with the launch of his new cookbook 'Gordon Ramsay Ultimate Fit Food'

DUBAI, United Arab Emirates – Bread Street Kitchen & Bar, the world-renowned restaurant by Gordon Ramsay at Dubai's iconic Atlantis, The Palm, invites guests to a very special 'Fit Thursday' evening hosted by Chef Gordon Ramsay in celebration of his new cookbook *'Gordon Ramsay Ultimate Fit Food'*. Taking place on October 11th 2018, guests will be the first to try Gordon's brand new 'Fit Food' inspired menu and recipes with a special four course meal.

For just AED 295 and taking place from 7pm, guests will be welcomed with a signature cocktail on arrival, followed by a four course set menu featuring signatures from Gordon's new 'fit food' menu and cookbook including, British pea and coconut soup and tuna tartare with avocado to start, baked chicken with butternut beans, leaks and cabbage for the main and a scrumptious 'cheesecake in a jam jar' for dessert. Free flowing sparkling and still water will also be included. The evening will also be complete with a live busker, singing the best of British music from the the 80s to present day.

The 'Fit Food' menu at Bread Street Kitchen & Bar Dubai is inspired by the launch of Gordon Ramsay's latest cookbook 'Gordon Ramsay Ultimate Fit Food: Mouth-watering recipes to fuel you for life'. As a committed athlete, Gordon knows how important it is to eat well, from training for a triathlon or just leading a busy active life. And just because it's healthy food it don't have to compromise on taste and flavour. Gordon says 'These are my go-to recipes when I want to eat well at home. My great hope is that they will inspire you to get cooking to improve your own health whatever your personal goal'. Guests will have the chance to purchase a copy of the book on the evening to be signed by Gordon.

After firmly establishing itself as a must-attend event last year, Atlantis The Palm *Culinary Month* invites guests and visitors to meet, greet, and eat with one of the world's most celebrated chefs. With a lineup of tasting menus, pop-up events, competitions and demonstrations, *Culinary Month* provides adventure for the palate and platefuls of memories.

BREAD STREET

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For reservations, please call + 971 4 426 1110 or email restaurantreservations@atlantisthepalm.com.

Advance payment is required.

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For further information about Atlantis please call +971 4 426 1000, or visit <u>atlantisthepalm.com</u>. Both low and high resolution colour photography of Atlantis is available at <u>media.atlantisthepalm.com</u>

Follow Atlantis, The Palm and Bread Street Kitchen Dubai on Social Media

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About Bread Street Kitchen Dubai

Mirroring the casual cool warehouse feel of the legendary London original, Bread Street Kitchen& Bar, Dubai is the fourth outpost of the restaurant across the world. With an indoor capacity of 279 and 152 on the outdoor terrace, the restaurant champions contemporary British dishes with influences from Europe and beyond. Following a successful launch in 2015, the restaurant has gone from success to success, taking the title of What's On Dubai's Best British Restaurant for Under 500 AED in 2016 and the Time Out Kids Dubai Award for Best Family Brunch in 2017. Heralded by celebrity chef Gordon Ramsay and helmed by Chef de Cuisine Cesar Bartolini, the menu consists of a selection of British classics and Gordon signatures including, the Beef Wellington, Lobster Tagliolini, and Gordon's favourite, the Tamarind Chicken Wings. The Bread Street Kitchen bar is a main focal point of the venue, with a team of experienced mixologists serving eight international beers and 29 different types of Gin. Almost as popular as the bar is the Bread Street Kitchen Ice Cream Counter, which serves homemade scoops including Bread and Butter Pudding softie.

About Atlantis, The Palm, Dubai

Atlantis, The Palm is the first entertainment resort destination in the region and located at the centre of the crescent of The Palm in Dubai. Opened in September 2008, the unique ocean-themed resort features a variety of marine and entertainment attractions, as well as 17 hectares of waterscape amusement at Aquaventure Waterpark, all within a 46 hectare site. It is home to one of the largest open-air marine habitats in the world, with over 65,000 marine



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animals in lagoons and displays including The Lost Chambers Aquarium, a maze of underwater corridors and passageways providing a journey through ancient Atlantis. Aquaventure features 18 million litres of fresh water used to power thrilling waterslides, a 2.3 kilometre river ride with tidal waves and pools, water rapids and white water chargers. Dolphin Bay, the unparalleled dolphin conservation and education habitat, and Sea Lion Point were created to provide guests a once in a lifetime opportunity to learn more about one of nature's most friendly mammals. Atlantis, The Palm is also known as *the* culinary destination in the region with a collection of world-renowned restaurants including Bread Street Kitchen & Bar, Nobu and Ronda Locatelli. The resort boasts an impressive collection of luxury boutiques and shops as well as extensive meeting and convention facilities.