

LOVE YOURSELF WITH A REJUVENATING DAY OUT AT SHUIQI SPA, ATLANTIS THE PALM, WHICH INCLUDES BEACH AND POOL ACCESS AS WELL AS LUNCH AT THE SHORE

ShuiQi Spa's "Fall in Love with Yourself" Package which runs until 31st March is the ultimate pampering package that encourages guests to maximise "me time."

Loving oneself can work miracles in one's life. With ShuiQi Spa's all-encompassing package, guests can take advantage of a spa package that also includes lunch. Costing just AED 675 per person, the full day of rest and relaxation includes a welcome drink, a 90 minute treatment consisting of a deep muscle massage, back scrub and a radiance facial, use of the wet- facilities – including the thermal suites and fitness centre – pool and beach access, as well as a revitalising lunch at The Shore.

Promising to restore a sense of wellbeing and reset life's balance, the "Fall in Love with Yourself" package is also a perfect option for Valentine's Day: those booking on Friday 14th February will enjoy a glass of champagne upon arrival, or a bottle for a couple's booking.

With massage shown to aid the release of feel-good hormone oxytocin, (also called the love hormone) in the body, which leads to feelings of social bonding, this is a great way to bond while celebrating the season of love. Coupled with a facial to bring radiance back to the skin, spa goers will leave the spa glowing from the inside out. The 'Fall in Love with Yourself' package includes:

- Welcome drink (A glass of champagne on Valentine's Day or a bottle per couple)
- A 15 minute invigorating back scrub and deep muscle back massage
- A 45-minute radiance facial.
- Use of ShuiQi Spa's wet facilities
- Use of the fitness centre
- All-day access to the Royal Pool, Zero Entry Pool and Royal Beach
- Lunch at The Shore
- 10% discount on retail products

Taking home the World's Best Spa Service Excellence award at the recent World Spa Awards, ShuiQi Spa is renowned for both its world-class therapists and its state-of-the-art facilities. Its newest package will help visitors to reconnect guests to themselves, while taking them a world away from their every day.

ATLANTIS

THE PALM, DUBAI

ShuiQi Spa at Atlantis, The Spa is an indulgent haven with 27 treatment rooms, and separate male and female relaxation and changing areas. Guests can also enjoy a secluded Royal Spa Suite and spa wet facilities for down time.

The spa is open from daily 9:00am to 9:00pm. Bookings are a mere click away with the online booking portal <https://psmsspa-northcentral.azurewebsites.net/#/en-US/AtlantisThePalm/SPA/>. Treatments can also be booked by sending an email to dxs-spa@atlantisthepalm.com or calling +971 4 42 61020.

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For further information about Atlantis please call +971 4 426 1000, or visit atlantisthepalm.com. Both low and high resolution colour photography of Atlantis is available at Media.atlantisthepalm.com.

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About Atlantis, The Palm, Dubai

Atlantis, The Palm is the first entertainment resort destination in the region and located at the centre of the crescent of The Palm in Dubai. Opened in September 2008, the unique ocean-themed resort features a variety of marine and entertainment attractions, as well as 17 hectares of waterpark amusement at Atlantis Aquaventure, all within a 46-hectare site. It is home to one of the largest open-air marine habitats in the world, with over 65,000 marine animals in lagoons and displays including The Lost Chambers Aquarium, a maze of underwater corridors and passageways providing a journey through ancient Atlantis. Aquaventure Waterpark features 18 million litres of fresh water used to power thrilling waterslides, a 2.3-kilometre river ride with tidal waves and pools, water rapids and white-water chargers. Dolphin Bay, the unparalleled dolphin conservation and education habitat, and Sea Lion Point were created to provide guests a once in a lifetime opportunity to learn more about one of nature's most friendly mammals. The resort boasts an impressive collection of luxury boutiques and shops as well as extensive meeting and convention facilities. Atlantis, The Palm is also known as the culinary destination in the region where guests can take their pick from a collection of 29 world-renowned restaurants including Bread Street Kitchen & Bar, Hakkasan, Nobu, Ronda Locatelli, Seafire Steakhouse & Bar, award-winning underwater restaurant, Ossiano, and traditional Middle Eastern favourite, Ayamna. The nightlife scene at Atlantis is lively, too, with the fun-filled Wavehouse offering something for

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everyone, and WHITE Beach & Restaurant the perfect place to unwind with a drink as the sun slips into the Arabian Sea.